



STRANMILLIS UNIVERSITY COLLEGE
A College of Queen's University Belfast

Course/Module Catalogue – BSc Health, Physical Activity and Sport

The following modules are recommended to International students

Code	Title	Semester	CATS	ECTS	Credits
SEO2001	Northern Ireland Culture and Education (Primary)	1 (Fall)	20	10	5
SEO2004	Aspects of Northern Ireland Culture and Education	2 (Spring)	10	5	2.5
SEO2003	Peacebuilding and Reconciliation	1 (Fall) & 2 (Spring)	20	10	5
SEO2008	Young People, Community & Culture	1 (Fall) & 2 (Spring)	20	10	5

Students can choose from the list of modules below (subject to availability and timetabling).

Stage 1

Code	Title	Semester	CATS	ECTS	Credits
SHL1041	Introduction to Organisations	1 (Fall)	10	5	2.5
SHL1004	Sociology of Health and Sport	1 (Fall)	10	5	2.5
SHL1051	Practical Studies 1	3 (Full Year)	20	10	5
SHL1072	An Introduction to Sport and Exercise Psychology	2 (Spring)	20	10	5
SHL1015	Introduction to Body Systems	3 (Full Year)	20	10	5
SHL1016	Introduction to Contemporary Issues in Health	3 (Full Year)	20	10	5
SHL1023	Introduction to Nutrition	3 (Full Year)	20	10	5

Stage 2

Course	Title	Semester	CATS	ECTS	Credits
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SHL2043	Exercise Science	1 (Fall)	20	10	5
SHL2071	Sport and Exercise Psychology Applied	1 (Fall)	20	10	5
SHL2004	Managing People and Markets	1 (Fall)	20	10	5
SHL2014	Community Health and Health Promotion	2 (Spring)	20	10	5
SHL2008	Introduction to Research Methods	1 (Fall)	10	5	2.5
SHL2021	Sports Nutrition	2 (Spring)	20	10	5
SHL2012	Practical Studies 2	3 (Full Year)	20	10	5
SHL2025	Sport in the Community	1 (Fall)	20	10	5

Stage 3

Code	Title	Semester	CATS	ECTS	Credits
SHL3017	Project Management	1 (Fall)	20	10	5
SHL3005	Assessment of Physical Activity	1 (Fall)	20	10	5
SHL3006	Health Promotion and Professional Practice	2 (Spring)	20	10	5
SHL3086	Psychology of Physical Activity	2 (Spring)	20	10	5
SHL3007	Sports Development	2 (Spring)	20	10	5
SHL3016	Practical Studies 3	1 (Fall)	20	10	5